

# **BENELUX TOURNAMENT - Hamm, LUXEMBOURG 17 & 18.12.2022**

## **CLASSEMENT PAR EQUIPES DAMES POWERLIFTING CLASSIC**

|   |                     |        |
|---|---------------------|--------|
| 1 | <b>NETHERLANDS</b>  |        |
|   | KENSENHUIS Irish    | 90,844 |
|   | ABORAH Betty        | 89,191 |
|   | VAN BELZEN Lanthe   | 82,462 |
|   | SCHMID Carlijne     | 81,827 |
|   | VAN DEN BOSCH Merel | 81,610 |
|   | LENTJES Jesse       | 79,540 |
|   | KWANTES Iza         | 77,855 |
|   | DE LANGE Eva        | 0,000  |

**583,329**

|   |                       |        |
|---|-----------------------|--------|
| 2 | <b>BELGIUM</b>        |        |
|   | VERHULST Stephanie    | 84,632 |
|   | DAINEFFE Anne         | 84,526 |
|   | BRYSSSE Anne Sophie   | 84,047 |
|   | DE GREEF Alexi        | 77,816 |
|   | VAN DER SNICKT Lot    | 77,472 |
|   | VAN DE PUTTE Lieselot | 68,906 |
|   | MERANDINO Fiorella    | 0,000  |

**477,399**

|   |                     |        |
|---|---------------------|--------|
| 3 | <b>LUXEMBOURG</b>   |        |
|   | JURADO Alba         | 82,207 |
|   | WEBER Elyna         | 70,708 |
|   | ARMESTO LUQUE Marta | 65,104 |

**218,019**

## **CLASSEMENT PAR EQUIPES HOMMES POWERLIFTING CLASSIC**

|   |                    |        |
|---|--------------------|--------|
| 1 | <b>LUXEMBOURG</b>  |        |
|   | SUSS Rudi          | 87,817 |
|   | DJANKOU Yannick    | 86,508 |
|   | DE ALMEIDA Gabriel | 81,751 |
|   | NDOJA Gabriel      | 81,244 |
|   | LEIDER Denis       | 79,350 |
|   | KREBS Dorian       | 78,256 |
|   | SCHMITZ Jeff       | 77,967 |
|   | MARSON Tim         | 77,450 |
|   | COLLIN Andy        | 76,553 |
|   | NOTSCHAELE Mark    | 73,412 |

**800,308**

|   |                        |        |
|---|------------------------|--------|
| 2 | <b>BELGIUM</b>         |        |
|   | VANHEESVELDE Jeroen    | 98,550 |
|   | FAUVARQUE Louis        | 91,889 |
|   | MOLKENS Tim            | 85,944 |
|   | DI LIBERTO Vincent     | 85,330 |
|   | BACQ Thibault          | 84,206 |
|   | GILLISSEN Florian      | 83,619 |
|   | VAN DUN Jeroen         | 81,956 |
|   | VAN DER BRACHT Kenneth | 58,851 |

**670,345**

|   |                      |         |
|---|----------------------|---------|
| 3 | <b>NETHERLANDS</b>   |         |
|   | VAN DEN BOOGAARD Bob | 100,722 |
|   | MARIS Sil            | 98,303  |
|   | LEE Marco            | 91,451  |
|   | SLUMP Jacob          | 90,331  |
|   | DE VREEDE Bas        | 88,668  |
|   | MA Joey              | 0,000   |

**469,475**

### **BEST WOMAN - IPF GL Points**

|   |                           |     |        |
|---|---------------------------|-----|--------|
| 1 | <b>KENSENHUIS Irish</b>   | NED | 90,844 |
| 2 | <b>ABORAH Betty</b>       | NED | 89,191 |
| 3 | <b>VERHULST Stephanie</b> | BEL | 84,632 |

### **BEST MEN - IPF GL Points**

|   |                             |     |         |
|---|-----------------------------|-----|---------|
| 1 | <b>VAN DEN BOOGAARD Bob</b> | NED | 100,722 |
| 2 | <b>VANHEESVELDE Jeroen</b>  | BEL | 98,550  |
| 3 | <b>MARIS Sil</b>            | NED | 98,303  |



## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

## Plateau 1 EQ

| HSq | HBP | Lotnr | NAME              | TEAM       | birth year | Kg     | cat  | Division | SQUAT  |        |        |       | BENCH PRESS  |       |       |       | s-tot | DEAD LIFT  |        |        |       | TOTAL | POINTS   | IPF COEFF |
|-----|-----|-------|-------------------|------------|------------|--------|------|----------|-------------------------------------------------------------------------------------------|--------|--------|-------|-------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-----------------------------------------------------------------------------------------------|--------|--------|-------|-------|----------|-----------|
|     |     |       |                   |            |            |        |      |          | 1                                                                                         | 2      | 3      | Best  | 1                                                                                               | 2     | 3     | Best  |       | 1                                                                                             | 2      | 3      | Best  |       |          |           |
|     |     | 1     | HEAYSMAN Jennifer | Belgium    | sen        | 56,53  | 57   | F-EQ-PL  | 160*                                                                                      | 160,0  | 167,5  | 167,5 | 85,0                                                                                            | 87,5  | 90*   | 87,5  | 255,0 | 135,0                                                                                         | 140,0  | 145*   | 140,0 | 395,0 | 76,11137 | 0,192687  |
|     |     | 7     | SPINA Celine      | Belgium    | sen        | 62,11  | 63   | F-EQ-PL  | 140,0                                                                                     | 147,5* | 152,5* | 140,0 | 90,0                                                                                            | 92,5  | 95,0  | 95,0  | 235,0 | 142,5                                                                                         | 147,5  | 152,5  | 152,5 | 387,5 | 70,52849 | 0,182009  |
|     |     | 10    | OSTYN Gregory     | Belgium    | jun        | 76,15  | 83   | M-EQ-PL  | 215,0                                                                                     | 227,5* | 227,5* | 215,0 | 175*                                                                                            | 175,0 | 195*  | 175,0 | 390,0 | 250,0                                                                                         | 270,0  | 280*   | 270,0 | 660,0 | 80,30814 | 0,121679  |
|     |     | 4     | VANHEE Emmerik    | Belgium    | sen        | 86,33  | 93   | M-EQ-PL  | 265,0                                                                                     | 272,5* | 272,5* | 265,0 | 200,0                                                                                           | 205,0 | 210,0 | 210,0 | 475,0 | 225,0                                                                                         | 235,0  | 242,5  | 242,5 | 717,5 | 81,00934 | 0,112905  |
|     |     | 3     | PARAGE Philippe   | Luxembourg | jun        | 123,03 | 120+ | M-EQ-PL  | 285,0                                                                                     | 300*   | 312,5  | 312,5 | 180,0                                                                                           | 185,0 | 190,0 | 190,0 | 502,5 | 275,0                                                                                         | 287,5* | 287,5* | 275,0 | 777,5 | 74,43707 | 0,095739  |

Referees PIERRETTE DEMUTH (LUX)

ROGER REMY (BEL)

Peter VAN DE VIJFEIJKE (NED)



## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

## Plateau 2 CL pm

| Plateau 2 <b>CL pm</b> |     |       |                       |             |           |       |     | <u>SQUAT</u>  |        |       |       | <u>BENCH PRESS</u>  |       |       |       |      | <u>DEAD LIFT</u>  |        |        |        |       |       |           |           |
|------------------------|-----|-------|-----------------------|-------------|-----------|-------|-----|--------------------------------------------------------------------------------------------------|--------|-------|-------|--------------------------------------------------------------------------------------------------------|-------|-------|-------|------|------------------------------------------------------------------------------------------------------|--------|--------|--------|-------|-------|-----------|-----------|
| HSq                    | HBP | Lotnr | NAME                  | TEAM        | Birthyear | KG    | CAT | Division                                                                                         | 1      | 2     | 3     | Bon                                                                                                    | 1     | 2     | 3     | Bon  | s-tot                                                                                                | 1      | 2      | 3      | Bon   | TOT.  | PTS       | IPF COEFF |
|                        |     | 8     | LENTJES Jesse         | Netherlands | sen       | 52,00 | 52  | F-CL-PL                                                                                          | 102,5  | 107,5 | 112,5 | 112,5                                                                                                  | 70,0  | 75*   | 75*   | 70,0 | 182,5                                                                                                | 125,0  | 130,0  | 132,5  | 132,5 | 315,0 | 79,540020 | 0,252508  |
|                        |     | 1     | SCHMID Carlijne       | Netherlands | jun       | 49,47 | 52  | F-CL-PL                                                                                          | 100,0  | 105,0 | 110,0 | 110,0                                                                                                  | 55,0  | 57,5* | 57,5* | 55,0 | 165,0                                                                                                | 130,0  | 137,5  | 145,0  | 145,0 | 310,0 | 81,826980 | 0,263958  |
|                        |     | 6     | VAN DEN BOSCH Merel   | Netherlands | jun       | 49,18 | 52  | F-CL-PL                                                                                          | 107,5  | 117,5 | 120,0 | 120,0                                                                                                  | 62,5  | 65,0  | 67,5  | 67,5 | 187,5                                                                                                | 112,5  | 120,0  | 125*   | 120,0 | 307,5 | 81,609885 | 0,265398  |
|                        |     | 4     | VAN BELZEN Lanthe     | Netherlands | sen       | 47,81 | 52  | F-CL-PL                                                                                          | 100,0  | 105*  | 107,5 | 107,5                                                                                                  | 65,0  | 67,5  | 70*   | 67,5 | 175,0                                                                                                | 115,0  | 122,5  | 127,5  | 127,5 | 302,5 | 82,462408 | 0,272603  |
|                        |     | 1     | ARMESTO LUQUE Marta   | Luxembourg  | sen       | 50,77 | 52  | F-CL-PL                                                                                          | 85,0   | 90,0  | 92,5  | 92,5                                                                                                   | 45,0  | 50,0  | 52,5* | 50,0 | 142,5                                                                                                | 100,0  | 107,5  | 110,0  | 110,0 | 252,5 | 65,104095 | 0,257838  |
|                        |     | 11    | MERANDINO Fiorella    | Belgium     | sub jun   | 50,08 | 52  | F-CL-PL                                                                                          | 95,0   | 100*  | 102,5 | 102,5                                                                                                  | 50,0  | 55*   | 55*   | 50,0 | 152,5                                                                                                | 122,5* | 122,5* | 122,5* | 0,0   | D S Q | #WAARDE!  | 0,261020  |
|                        |     |       |                       |             |           |       |     |                                                                                                  |        |       |       |                                                                                                        |       |       |       |      |                                                                                                      |        |        |        |       |       |           |           |
|                        |     | 4     | DAINEFFE Anne         | Belgium     | M 40      | 62,04 | 63  | F-CL-PL                                                                                          | 132,5  | 140,0 | 145*  | 140,0                                                                                                  | 82,5  | 90,0  | 92,5  | 92,5 | 232,5                                                                                                | 135,0  | 142,5  | 150,0  | 150,0 | 382,5 | 84,525998 | 0,220983  |
|                        |     | 2     | VAN DER SNICKT Lot    | Belgium     | sen       | 62,56 | 63  | F-CL-PL                                                                                          | 117,5* | 117,5 | 127,5 | 127,5                                                                                                  | 60,0  | 65,0  | 67,5* | 65,0 | 192,5                                                                                                | 150,0  | 160,0  | 167,5* | 160,0 | 352,5 | 77,471745 | 0,219778  |
|                        |     | 3     | DE LANGE Eva          | Netherland  | sen       | 61,92 | 63  | F-CL-PL                                                                                          | 127,5  | 132,5 | 137,5 | 137,5                                                                                                  | 72,5* | 72,5* | 72,5* | 0,0  | 137,5                                                                                                | 155,0  | 165*   | 165*   | 155,0 | D S Q | #WAARDE!  | 0,221266  |
|                        |     |       |                       |             |           |       |     |                                                                                                  |        |       |       |                                                                                                        |       |       |       |      |                                                                                                      |        |        |        |       |       |           |           |
|                        |     | 7     | JURADO Alba           | Luxembourg  | sen       | 63,46 | 69  | F-CL-PL                                                                                          | 120,0  | 127,5 | 132,5 | 132,5                                                                                                  | 70,0  | 75,0  | 77,5* | 75,0 | 207,5                                                                                                | 157,5  | 165,0  | 170,0  | 170,0 | 377,5 | 82,207043 | 0,217767  |
|                        |     |       |                       |             |           |       |     |                                                                                                  |        |       |       |                                                                                                        |       |       |       |      |                                                                                                      |        |        |        |       |       |           |           |
|                        |     | 9     | VAN DE PUTTE Lieselot | Belgium     | jun       | 75,09 | 76  | F-CL-PL                                                                                          | 125,0  | 130,0 | 135*  | 130,0                                                                                                  | 67,5  | 70,0  | 72,5  | 72,5 | 202,5                                                                                                | 140,0  | 145,0  | 150*   | 145,0 | 347,5 | 68,905775 | 0,198290  |
|                        |     |       |                       |             |           |       |     |                                                                                                  |        |       |       |                                                                                                        |       |       |       |      |                                                                                                      |        |        |        |       |       |           |           |
|                        |     | 10    | WEBER Elyna           | Luxembourg  | sen       | 80,25 | 84  | F-CL-PL                                                                                          | 120*   | 125,0 | 130,0 | 130,0                                                                                                  | 72,5  | 77,5  | 80*   | 77,5 | 207,5                                                                                                | 145,0  | 155,0  | 160,0  | 160,0 | 367,5 | 70,708470 | 0,192404  |

Referees BUSSELOT MYRIAM (BEL) REMY ROGER (BEL) LAU WERNER (LUX)

Jury VAN HEESVELDE JEROEN (BEL) PIERRETTE DEMUTH (LUX)

## Records:

Records de Belgique + VGPF Powerlifting Classic pour DAINEFFE ANNE / DA M 40 / CAT - 63 kg / SQ 140 kg / BP 92,5 kg / DL 150 kg / TOT 382,5 kg

Records de Belgique + VGPF Powerlifting Classic pour DAINEFFE ANNE / DA SEN / CAT - 63 kg / BP 92,5 kg

Records de Belgique + VGPF Bench Press Single Classic pour DAINEFFE ANNE / DA SEN / CAT - 63 kg / BP 92,5 kg

Records de Belgique + VGPF Bench Press Single Classic pour DAINEFFE ANNE / DA M 40 / CAT - 63 kg / BP 92,5 kg



## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

| Plateau 2 <b>CL B</b> |     |       |                        |            |           |       |     | SQUAT  |        |       |       | BENCH PRESS  |        |        |        |       | DEAD LIFT  |       |       |        |       |       |           |           |
|-----------------------|-----|-------|------------------------|------------|-----------|-------|-----|-------------------------------------------------------------------------------------------|--------|-------|-------|-------------------------------------------------------------------------------------------------|--------|--------|--------|-------|-----------------------------------------------------------------------------------------------|-------|-------|--------|-------|-------|-----------|-----------|
| HSq                   | HBP | Lotnr | NAME                   | TEAM       | Birthyear | KG    | CAT | Division                                                                                  | 1      | 2     | 3     | Bon                                                                                             | 1      | 2      | 3      | Bon   | s-tot                                                                                         | 1     | 2     | 3      | Bon   | TOT.  | PTS       | IPF COEFF |
|                       |     | 2     | LEE Marco              | Netherland | sen       | 82,84 | 83  | M-CL-PL                                                                                   | 215*   | 215,0 | 225,0 | 225,0                                                                                           | 172,5  | 180,0  | 185*   | 180,0 | 405,0                                                                                         | 240,0 | 255,0 | 265*   | 255,0 | 660,0 | 91,450920 | 0,138562  |
|                       |     | 11    | MARIS Sil              | Netherland | sen       | 91,38 | 93  | M-CL-PL                                                                                   | 252,5  | 262,5 | 272,5 | 272,5                                                                                           | 157,5* | 160,0  | 167,5  | 167,5 | 440,0                                                                                         | 285,0 | 300*  | 305,0  | 305,0 | 745,0 | 98,303495 | 0,131951  |
|                       |     | 10    | DE VREEDE Bas          | Netherland | sen       | 84,15 | 93  | M-CL-PL                                                                                   | 227,5* | 227,5 | 235,0 | 235,0                                                                                           | 127,5  | 132,5  | 135,0  | 135,0 | 370,0                                                                                         | 267,5 | 275,0 | 282,5* | 275,0 | 645,0 | 88,668150 | 0,137470  |
|                       |     | 3     | VAN DER BRACHT Kenneth | Belgium    | sen       | 90,96 | 93  | M-CL-PL                                                                                   | 210,0  | 225,0 | 235,0 | 235,0                                                                                           | 115,0  | 125,0  | 135,0  | 135,0 | 370,0                                                                                         | 75,0  | 77,5* | 125*   | 75,0  | 445,0 | 58,851250 | 0,132250  |
|                       |     | 5     | MA Joey                | Netherland | sen       | 86,18 | 93  | M-CL-PL                                                                                   | 257,5  | 270*  | 270,0 | 270,0                                                                                           | 147,5* | 147,5* | 147,5* | 0,0   | 270,0                                                                                         | 297,5 | 310*  | * /    | 297,5 | D S Q | #WAARDE!  | 0,135836  |

Referees BUSSELOT MYRIAM (BEL)

REMY ROGER (BEL)

LAU WERNER (LUX)

Jury VAN HEESVELDE JEROEN (BEL)

PIERRETTE DEMUTH (LUX)

Records:



## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

| Plateau 1 <b>CL A</b> |     |       |                    |            |           |       |     |          | <u>SQUAT</u>  |        |        |       | <u>BENCH PRESS</u>  |      |      |      |       | <u>DEAD LIFT</u>  |       |        |       |       |           |           |
|-----------------------|-----|-------|--------------------|------------|-----------|-------|-----|----------|--------------------------------------------------------------------------------------------------|--------|--------|-------|--------------------------------------------------------------------------------------------------------|------|------|------|-------|------------------------------------------------------------------------------------------------------|-------|--------|-------|-------|-----------|-----------|
| HSq                   | HBP | Lotnr | NAME               | TEAM       | Birthyear | KG    | CAT | Division | 1                                                                                                | 2      | 3      | Bon   | 1                                                                                                      | 2    | 3    | Bon  | s-tot | 1                                                                                                    | 2     | 3      | Bon   | TOT.  | PTS       | IPF COEFF |
|                       |     | 8     | VERHULST Stephanie | Belgium    | sen       | 51,97 | 52  | F-CL-PL  | 115,0                                                                                            | 122,5* | 122,5  | 122,5 | 65,0                                                                                                   | 67,5 | 70,0 | 70,0 | 192,5 | 132,5                                                                                                | 142,5 | 152,5* | 142,5 | 335,0 | 84,632055 | 0,252633  |
|                       |     |       |                    |            |           |       |     |          |                                                                                                  |        |        |       |                                                                                                        |      |      |      |       |                                                                                                      |       |        |       |       |           |           |
|                       |     | 1     | ABORAH Betty       | Netherland | jun       | 62,96 | 63  | F-CL-PL  | 135*                                                                                             | 135,0  | 142,5  | 142,5 | 70,0                                                                                                   | 75,0 | 80*  | 75,0 | 217,5 | 180,0                                                                                                | 190,0 | 200*   | 190,0 | 407,5 | 89,190748 | 0,218873  |
|                       |     | 10    | BRYSE Anne Sophie  | Belgium    | jun       | 62,58 | 63  | F-CL-PL  | 125,0                                                                                            | 132,5  | 140,0  | 140,0 | 70,0                                                                                                   | 80,0 | 82,5 | 82,5 | 222,5 | 140,0                                                                                                | 152,5 | 160,0  | 160,0 | 382,5 | 84,047490 | 0,219732  |
|                       |     |       |                    |            |           |       |     |          |                                                                                                  |        |        |       |                                                                                                        |      |      |      |       |                                                                                                      |       |        |       |       |           |           |
|                       |     | 6     | DE GREEF Alexi     | Belgium    | sen       | 68,80 | 69  | F-CL-PL  | 117,5*                                                                                           | 125,0  | 132,5  | 132,5 | 65,0                                                                                                   | 70,0 | 75*  | 70,0 | 202,5 | 155,0                                                                                                | 165,0 | 172,5  | 172,5 | 375,0 | 77,815875 | 0,207509  |
|                       |     | 5     | KWANTES Iza        | Netherland | jun       | 67,93 | 69  | F-CL-PL  | 120,0                                                                                            | 127,5  | 132,5* | 127,5 | 60,0                                                                                                   | 62,5 | 65,0 | 65,0 | 192,5 | 180,0                                                                                                | 185*  | 185*   | 180,0 | 372,5 | 77,854735 | 0,209006  |
|                       |     |       |                    |            |           |       |     |          |                                                                                                  |        |        |       |                                                                                                        |      |      |      |       |                                                                                                      |       |        |       |       |           |           |
|                       |     | 11    | KENSENHUIS Ilirish | Netherland | sen       | 88,27 | 84+ | F-CL-PL  | 165*                                                                                             | 165,0  | 172,5  | 172,5 | 92,5                                                                                                   | 95,0 | 97,5 | 97,5 | 270,0 | 202,5                                                                                                | 212,5 | 220,0  | 220,0 | 490,0 | 90,844040 | 0,185396  |

Referees VANHEE EMMERIK (BEL) MA JOEY (NED) VAN DEURSEN (NED)

Jury BUSSELOT MYRIAM (BEL) DEMUTH PIERETTE (LUX) LAU WERNER (LUX)

## Records:

Records de Belgique + LFPH Powerlifting Classic pour BRYSE ANNE SOPHIE / DA JUN / CAT - 63 kg / SQ 140 kg / BP 82,5 kg / DL 160 kg / TOT 382,5 kg

Records LFPH Powerlifting Classic pour BRYSE ANNE SOPHIE / DA SEN / CAT - 63 kg / BP 82,5 kg / DL 160 kg / TOT 382,5 kg

Records de Belgique + LFPH Bench Press Single Classic pour BRYSE ANNE SOPHIE / DA JUN / CAT - 63 kg / BP 82,5 kg

Record LFPH Bench Press Single Classic pour BRYSE ANNE SOPHIE / DA SEN / CAT - 63 kg / BP 82,5 kg



## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

| Plateau 1 <b>CL B</b> |     |       |                    |            |           |       |     | SQUAT  |       |       |        | BENCH PRESS  |       |        |        |       | DEAD LIFT  |        |        |        |       |       |           |           |
|-----------------------|-----|-------|--------------------|------------|-----------|-------|-----|-------------------------------------------------------------------------------------------|-------|-------|--------|-------------------------------------------------------------------------------------------------|-------|--------|--------|-------|-----------------------------------------------------------------------------------------------|--------|--------|--------|-------|-------|-----------|-----------|
| HSq                   | HBP | Lotnr | NAME               | TEAM       | Birthyear | KG    | CAT | Division                                                                                  | 1     | 2     | 3      | Bon                                                                                             | 1     | 2      | 3      | Bon   | s-tot                                                                                         | 1      | 2      | 3      | Bon   | TOT.  | PTS       | IPF COEFF |
|                       |     | 8     | SCHMITZ Jeff       | Luxembourg | sen       | 72,38 | 74  | M-CL-PL                                                                                   | 165,0 | 175,0 | 180,0  | 180,0                                                                                           | 110,0 | 120,0  | 125,0  | 125,0 | 305,0                                                                                         | 200,0  | 210,0  | 220,0  | 220,0 | 525,0 | 77,967225 | 0,148509  |
|                       |     | 10    | PALINKAS Tom       | Luxembourg | sen       | 70,48 | 74  | M-CL-PL                                                                                   | 115,0 | 120,0 | 125,0  | 125,0                                                                                           | 70,0  | 75,0   | 80,0   | 80,0  | 205,0                                                                                         | 140,0  | 150,0  | 157,5  | 157,5 | 362,5 | 54,587788 | 0,150587  |
|                       |     | 11    | DJANKOU Yannick    | Luxembourg | sen       | 82,36 | 83  | M-CL-PL                                                                                   | 205,0 | 215,0 | 222,5* | 215,0                                                                                           | 145,0 | 150,0  | 152,5* | 150,0 | 365,0                                                                                         | 257,5* | 257,5* | 257,5  | 257,5 | 622,5 | 86,508203 | 0,138969  |
|                       |     | 2     | MOLKENS Tim        | Belgium    | sen       | 81,46 | 83  | M-CL-PL                                                                                   | 202,5 | 212,5 | 220,0  | 220,0                                                                                           | 145,0 | 155,0  | 160,0  | 160,0 | 380,0                                                                                         | 235,0  | 252,5* | 252,5* | 235,0 | 615,0 | 85,943790 | 0,139746  |
|                       |     | 3     | VAN HALTEREN Tim   | Luxembourg | sub jun   | 79,93 | 83  | M-CL-PL                                                                                   | 155,0 | 165,0 | 170*   | 165,0                                                                                           | 107,5 | 112,5  | 117,5  | 117,5 | 282,5                                                                                         | 165,0  | 180,0  | 190,0  | 190,0 | 472,5 | 66,669750 | 0,141100  |
|                       |     | 13    | BAULER Mike        | Luxembourg | sen       | 81,45 | 83  | M-CL-PL                                                                                   | 135,0 | 145,0 | 155,0  | 155,0                                                                                           | 90,0  | 95,0   | 100*   | 95,0  | 250,0                                                                                         | 150,0  | 165,0  | 180,0  | 180,0 | 430,0 | 60,094220 | 0,139754  |
|                       |     | 4     | DI LIBERTO Vincent | Belgium    | sen       | 84,63 | 93  | M-CL-PL                                                                                   | 210,0 | 225,0 | 230,0  | 230,0                                                                                           | 132,5 | 140,0  | 142,5  | 142,5 | 372,5                                                                                         | 225,0  | 250,0  | 280*   | 250,0 | 622,5 | 85,330433 | 0,137077  |
|                       |     | 9     | LOCONTO Sebastiano | Luxembourg | sen       | 91,47 | 93  | M-CL-PL                                                                                   | 177,5 | 185,0 | 190,0  | 190,0                                                                                           | 110,0 | 117,5* | 117,5* | 110,0 | 300,0                                                                                         | 185,0  | 195*   | 200*   | 185,0 | 485,0 | 63,965195 | 0,131887  |
|                       |     | 7     | MATOS Daniel       | Luxembourg | sub jun   | 87,38 | 93  | M-CL-PL                                                                                   | 155,0 | 170,0 | 185,0  | 185,0                                                                                           | 105,0 | 112,5  | 120*   | 112,5 | 297,5                                                                                         | 145,0  | 165,0  | 180,0  | 180,0 | 477,5 | 64,415705 | 0,134902  |
|                       |     | 12    | NYGREN Alex        | Luxembourg | sub jun   | 84,69 | 93  | M-CL-PL                                                                                   | 150,0 | 157,5 | 162,5  | 162,5                                                                                           | 107,5 | 112,5  | 117,5  | 117,5 | 280,0                                                                                         | 160,0  | 172,5  | 180,0  | 180,0 | 460,0 | 63,032880 | 0,137028  |

Referees VANHEE EMMERIK (BEL)

MA JOEY (NED)

VAN DEURZEN (NED)

Jury BUSSELOT MYRIAM (BEL)

DEMUTH PIERRETTE (LUX)

LAU WERNER (LUX)

Records:





## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

| Plateau 2 <b>CL A</b> |     |       |                      |             |           |        |     | SQUAT  |       |        |       | BENCH PRESS  |        |       |        |       | DEAD LIFT  |       |       |       |       |       |            |           |
|-----------------------|-----|-------|----------------------|-------------|-----------|--------|-----|-------------------------------------------------------------------------------------------|-------|--------|-------|-------------------------------------------------------------------------------------------------|--------|-------|--------|-------|-----------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|------------|-----------|
| HSq                   | HBP | Lotnr | NAME                 | TEAM        | Birthyear | KG     | CAT | Division                                                                                  | 1     | 2      | 3     | Bon                                                                                             | 1      | 2     | 3      | Bon   | s-tot                                                                                         | 1     | 2     | 3     | Bon   | TOT.  | PTS        | IPF COEFF |
|                       |     | 3     | FAUVARQUE Louis      | Belgium     | sen       | 92,35  | 93  | M-CL-PL                                                                                   | 212,5 | 225,0  | 232,5 | 232,5                                                                                           | 160,0  | 167,5 | 175,0  | 175,0 | 407,5                                                                                         | 270,0 | 285,0 | 292,5 | 292,5 | 700,0 | 91,889000  | 0,131270  |
|                       |     | 5     | DE ALMEIDA Gabriel   | Luxembourg  | sen       | 90,02  | 93  | M-CL-PL                                                                                   | 212,5 | 225,0  | 230,0 | 230,0                                                                                           | 147,5  | 152,5 | 160*   | 152,5 | 382,5                                                                                         | 210,0 | 225,0 | 232,5 | 232,5 | 615,0 | 81,750720  | 0,132928  |
|                       |     | 1     | LEIDER DENIS         | Luxembourg  | sen       | 90,96  | 93  | M-CL-PL                                                                                   | 195,0 | 202,5* | 202,5 | 202,5                                                                                           | 130,0  | 135,0 | 137,5* | 135,0 | 337,5                                                                                         | 255,0 | 262,5 | 265*  | 262,5 | 600,0 | 79,350000  | 0,132250  |
|                       |     | 10    | KREBS Dorian         | Luxembourg  | sen       | 85,85  | 93  | M-CL-PL                                                                                   | 180,0 | 187,5* | 192,5 | 192,5                                                                                           | 140,0  | 145,0 | 150,0  | 150,0 | 342,5                                                                                         | 215,0 | 225,0 | 232,5 | 232,5 | 575,0 | 78,255775  | 0,136097  |
|                       |     |       |                      |             |           |        |     |                                                                                           |       |        |       |                                                                                                 |        |       |        |       |                                                                                               |       |       |       |       |       |            |           |
|                       |     | 4     | VAN DEN BOOGAARD Bob | Netherlands | sen       | 109,00 | 120 | M-CL-PL                                                                                   | 302,5 | 312,5  | 320,0 | 320,0                                                                                           | 167,5* | 167,5 | 172,5  | 172,5 | 492,5                                                                                         | 305,0 | 325,0 | 337,5 | 337,5 | 830,0 | 100,722160 | 0,121352  |
|                       |     | 3     | SUSS Rudi            | Luxembourg  | sen       | 111,95 | 120 | M-CL-PL                                                                                   | 230,0 | 242,5  | 252,5 | 252,5                                                                                           | 160,0  | 172,5 | 180,0  | 180,0 | 432,5                                                                                         | 280,0 | 300,0 | 310*  | 300,0 | 732,5 | 87,817228  | 0,119887  |
|                       |     | 11    | VAN DUN Jeroen       | Belgium     | sen       | 115,22 | 120 | M-CL-PL                                                                                   | 225,0 | 240,0  | 250,0 | 250,0                                                                                           | 145,0  | 152,5 | 155*   | 152,5 | 402,5                                                                                         | 290,0 | 310*  | 310*  | 290,0 | 692,5 | 81,955990  | 0,118348  |
|                       |     | 4     | NDOJA Gabriel        | Luxembourg  | sen       | 117,51 | 120 | M-CL-PL                                                                                   | 240,0 | 245,0  | 250,0 | 250,0                                                                                           | 170,0  | 177,5 | 182,5* | 177,5 | 427,5                                                                                         | 245,0 | 255,0 | 265,0 | 265,0 | 692,5 | 81,244100  | 0,117320  |
|                       |     | 8     | NOTSCHAELE Mark      | Luxembourg  | M 50      | 118,26 | 120 | M-CL-PL                                                                                   | 210,0 | 220,0  | 230,0 | 230,0                                                                                           | 157,5  | 162,5 | 165*   | 162,5 | 392,5                                                                                         | 220,0 | 235,0 | 250*  | 235,0 | 627,5 | 73,412480  | 0,116992  |

Referees REMY ROGER (BEL) LAU WERNER (LUX) MA JOEY (NED)  
 Jury BUSSELOT MYRIAM( BEL) DEMUTH PIERRETTE (LUX) PARAGE GASTON (LUX)

Records:





## COMPETITION: BENELUX TOURNAMENT POWERLIFTING EQUIPPED 2022

Date - Venue : 17 ET 18 / 12 / 2022 - HAMM--Luxembourg

Plateau 2 **CL B**

| HSq | HBP | Lotnr | NAME                | TEAM        | Birthyear | KG     | CAT | Division | SQUAT  |        |        |       | BENCH PRESS  |       |        |       | s-tot | DEAD LIFT  |       |        |       | TOT.  | PTS       | IPF COEFF |
|-----|-----|-------|---------------------|-------------|-----------|--------|-----|----------|-------------------------------------------------------------------------------------------|--------|--------|-------|-------------------------------------------------------------------------------------------------|-------|--------|-------|-------|-----------------------------------------------------------------------------------------------|-------|--------|-------|-------|-----------|-----------|
|     |     |       |                     |             |           |        |     |          | 1                                                                                         | 2      | 3      | Bon   | 1                                                                                               | 2     | 3      | Bon   |       | 1                                                                                             | 2     | 3      | Bon   |       |           |           |
|     |     | 9     | VANHEESVELDE Jeroen | Belgium     | sen       | 104,80 | 105 | M-CL-PL  | 265,0                                                                                     | 282,5  | 290*   | 282,5 | 192,5                                                                                           | 205,5 | 207,5  | 207,5 | 490,0 | 287,5                                                                                         | 307,5 | 315*   | 307,5 | 797,5 | 98,550265 | 0,123574  |
|     |     | 12    | SLUMP Jacob         | Netherlands | jun       | 103,73 | 105 | M-CL-PL  | 255*                                                                                      | 255*   | 265,0  | 265,0 | 165,0                                                                                           | 172,5 | 177,5* | 172,5 | 437,5 | 290*                                                                                          | 290,0 | 307,5* | 290,0 | 727,5 | 90,331493 | 0,124167  |
|     |     | 6     | BACQ Thibault       | Belgium     | sen       | 102,70 | 105 | M-CL-PL  | 245,0                                                                                     | 257,5* | 257,5* | 245,0 | 150,0                                                                                           | 155,0 | 157,5* | 155,0 | 400,0 | 262,5                                                                                         | 270,0 | 275,0  | 275,0 | 675,0 | 84,205575 | 0,124749  |
|     |     | 8     | GILLISSEN Florian   | Belgium     | sen       | 103,42 | 105 | M-CL-PL  | 245,0                                                                                     | 252,5  | 260*   | 252,5 | 145,0                                                                                           | 150,0 | 155*   | 150,0 | 402,5 | 270,0                                                                                         | 290*  | 290*   | 270,0 | 672,5 | 83,619323 | 0,124341  |
|     |     | 9     | MARSON Tim          | Luxembourg  | sen       | 99,80  | 105 | M-CL-PL  | 205,0                                                                                     | 212,5  | 220,0  | 220,0 | 135,0                                                                                           | 142,5 | 145*   | 142,5 | 362,5 | 240,0                                                                                         | 250,0 | 255*   | 250,0 | 612,5 | 77,450013 | 0,126449  |
|     |     | 7     | COLLIN Andy         | Luxembourg  | sen       | 96,25  | 105 | M-CL-PL  | 195,0                                                                                     | 205,0  | 215*   | 205,0 | 137,5                                                                                           | 145,0 | 150*   | 145,0 | 350,0 | 225,0                                                                                         | 237,5 | 245,0  | 245,0 | 595,0 | 76,552700 | 0,128660  |
|     |     | 2     | BOMFIN Joao         | Luxembourg  | M 40      | 100,76 | 105 | M-CL-PL  | 160,0                                                                                     | 170,0  | 175,0  | 175,0 | 100,0                                                                                           | 102,5 | 105*   | 102,5 | 277,5 | 180,0                                                                                         | 190,0 | 200,0  | 200,0 | 477,5 | 60,106268 | 0,125877  |

Referees REMY ROGER (BEL)

LAU WERNER (LUX)

MA JOEY (NED)

Jury BUSSELOT MYRIAM (BEL)

DEMUTH PIERRETTE (LUX)

PARAGE GASTON (LUX)

Records: